

# MORE BENEFITS. MORE HELP.

# ICAS

A Lyra Health company






MORE SUPPORT IN ONE HUB.

**Everything's in one place,  
it's a one stop shop for:**

- ✔ Expert counselling and support (live chat & call function)
- ✔ Extensive library of wellness information
- ✔ FAQs about ICAS and every available service

USE THE ICAS HUB TO PROACTIVELY  
MANAGE, IMPROVE YOUR HEALTH  
AND HAPPINESS.

**This is what you need to know:**

-  Help is available 24 hours, 7 days a week, 365 days a year
-  Live Chat counselling functionality
-  Easy, immediate access. You are automatically connected – remembering passwords and phone numbers is a thing of the past
-  Safe and secure – everything is confidential between you and your clinicians, your data and privacy is safeguarded
-  Developed, supported and researched by Global team of experts

## Global offering

Available in **34 languages** and automatically **detects home language** and **location**.

**Subtitles available** on video content.

Operates in **155 countries**.

Download personalised, expert advice, guidance and learning tools for the wellbeing of you and your family.



[www.icasworld.com](http://www.icasworld.com)

App code: